



MIL MUNDOS

# INDIA





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## ITINERARY

***Rishikesh - Haridwar - Jaipur - Agra - Mathura - Varanasi - Delhi***

### **Day 1 - Arrive Delhi & Fly to Dehradun/Rishikesh**

Arrive at Delhi airport. Upon arrival, once you clear immigrations, collect baggage, and exit the customs area, you will be meet our representative who will escort you to domestic terminal to connect your next flight to Dehradun.

Arrival at Dehradun airport & transfer to Ashram in Rishikesh

**Rishikesh** (also known as the "Place of Sages") - The town of Rishikesh lies in the foothills of the Himalayas of the Garhwal region. It is the gateway to the upper Garhwal region and the starting point for the Char Dham pilgrimage (Gangotri, Yamunotri, Badrinath and Kedarnath) and an ideal destination not only for pilgrims but also for the people who are interested in adventure, meditation, yoga and other aspects of Hinduism.

Lunch & dinner at the Ashram

Evening: Yoga practice / meditation at hotel yoga room / lawn with local instructor.

Overnight stay - Ashram in Rishikesh

### **Day 2 - Rishikesh – Haridwar – Rishikesh (30 min. drive, one way)**

After breakfast, full day excursion to visit Temples & Ashrams in Haridwar.

**Haridwar** – an ancient city and important Hindu pilgrimage site in North India's Uttarakhand state, where the River Ganges exits the Himalayan foothills. The largest of several sacred ghats (bathing steps), Har Ki Pauri hosts a nightly Ganga Aarti (river-worshipping ceremony) in which tiny flickering lamps are floated off the steps. Worshippers fill the city during major festivals including the annual Kanwar Mela.





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In Haridwar, visit includes Maya Devi Temple, is one of the 51 "Shakti Peeths" and it's the presiding deity of Haridwar. Bharat Mata Temple, dedicated to Mother India, this is half temple & half nation building exercise, with seven floors stacked with deities, saints, and secular heroes of all Indian faiths. Maa Anandamayi Ashram, the samadhi of Shree Shree Ma Anandamayee is located here and is also the Head Office of the revered organization.

Evening time: witness the "Ganges Aarti Ceremony" (Prayer Ceremony) at Har Ki Pauri, this revered place is the major landmark of the holy city of Haridwar.

Every evening, at sunset priests perform Ganga Aarti (prayer) here, when lights are set on the water to drift downstream. This is the most amazing and soul touching spectacle. A large number of people gather on both the banks of river Ganges to sing its praises. The priest hold large fire bowls in their hands, the gongs in the temples at the Ghat start ringing and the chants flowing out of lips fill the air.

People float earthen diyas, with burning flickers and flowers in them as a symbol of hope and wishes. The golden hues of floral diyas reflected in the river Ganges presents the most enchanting sight.

Dinner at the Ashram

Overnight stay - Ashram in Rishikesh

Yoga practice / meditation at ashram / lawn with local instructor.

## Day 3 - Rishikesh

Yoga practice / meditation at hotel yoga room / lawn with local instructor.

After breakfast, proceed for **sightseeing tour of Rishikesh.**

Visit Parmarth Ashram, Sivananda Ashram & Gita Ashram. Later, visit a few temples Lakshman Jhula - a suspension bridge across the Ganga along the old route to the holy shrines of Badrinath and Kedarnath. Temples - include Raghunath Temple, Pushkar Temple, Venkateshwar Temple, Chandra Mauleshwaran Temple, Bhara Mandir and Lakshman Temple.

Lunch & dinner at the Ashram

Yoga practice / meditation at hotel yoga room / lawn with local instructor.

Overnight stay - Ashram in Rishikesh





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#### **Day 4 - Dehradun – Delhi – Jaipur**

Early morning, transfer to Dehradun/Haridwar railway station to board your train to Delhi

Depart to Dehradun: 06:25hrs - Train # Jan Shatabdi Express (12056)

Arrive Delhi: 11:15hrs

Meet on arrival at Delhi railway station & drive to Jaipur (275 kms / 06 hrs)

#### **OR, flight from Dehradun to Jaipur, via Delhi.**

Depart Dehradun: 11:25hrs - Flight # Spice Jet (SG-2324)

Arrive Delhi: 12:20hrs

Change of aircraft in Delhi & flight connection to Jaipur

Depart Delhi: 16:15hrs - Flight # Spice Jet (SG-2627)

Arrive Jaipur: 17:10hrs

Meet on arrival at Jaipur airport & transfer to hotel

#### **Jaipur** - Widely known as the '**Pink City**' of India.

The entire walls houses and buildings of the city were washed with pink color for a grand and royal welcome of Prince Albert and Queen Victoria from Britain, who visited Jaipur in 1853 A.D. This splendid city as was founded in 1727 A.D by one of the greatest ruler Jai Singh II. Jaipur is surrounded by hills on three sides. Jaipur is the only city in the world, which is designed accordance of Hindu architecture science called Shilpa Shastra, the town is had been designed in rectangular shape of 9 blocks, depicting the 9 partition of universe. This fascinating city houses majestic forts, grand palaces, lavish gardens, havelis and museums, while visiting these places you will have a true vision of Royal golden past of Rajasthan.

Overnight stay at a hotel in Jaipur





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## Day 5 - Jaipur

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, **visit Amber Fort**, situated 7 miles north of Jaipur with its honey-colored fortress-palace in the Aravalli Hills which can be mounted by Elephant/Jeep (Subject to availability). It has been described as "the sleeping beauty of Rajasthan".

The somber exterior belies the richness of the royal apartments which open on to striking views of the gorge.

Afterwards, set out for a **city tour of Jaipur** which is the city which has the "tone of the autumn sunset". Visit Hawa Mahal (Palace of Winds) an elaborate building encrusted with delicate honeycomb screens and carved balconies from which the royal ladies, confined to their quarters, could view the world outside. Jai Singh's Observatory built in the 17th century by the founder of Jaipur who, besides being a prince was also soldier, astronomer and builder. City Palace now a museum contains fine Rajput and Moghul paintings, rare manuscripts and an armory.

Overnight stay at a hotel in Jaipur

## Day 6 - Jaipur

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, **visit Sanganer**, is renowned for its crafts and hand-printed textiles. It's the largest center of the handmade paper industry. It manufactures the supreme quality of handmade papers and hand printed textiles by using units of block and screen printers. Traditional small floral prints form the specialty of Sanganer block printers. One can explore the Kagazi Mohalla of Sanganer, which is prominent for expert artisans. These artisans are known as 'Kagazis' and observing these artisans making lovely patterns on fabrics with block-prints, will definitely please the visitor.

**Explore the local market/bazaar of Jaipur.** Jaipur is a haven for printed cotton fabrics specially hand block printed, gold jewelry with semi-precious stones, silver, hand embroidered linen, and local handicraft made of camel hide, and wood.





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In the evening, visit Chokhi Dhani - an ideal place for experiencing Rajasthani traditional hospitality and culture. In Chokhi Dhani Village you will find a different theme with Rajasthani village ambience for each day, a festive celebration every time in a different manner with a purview of real Rajasthani village culture in fun, entertainment, games, thrill, shopping, Rajasthani diet, Rajasthani Kalbeliya Dance or Ghoomer or other folk dance, music and much more to look... to feel... to breathe... to taste... to experience....Traditional Rajasthani recipes reinvented by our skilled chefs prepared in pure ghee and served with rajasthani concept of manuhaar to make our guests feel the true heritage hospitality. Traditional welcome with Tikka and Arti, Folk music which makes your feet dance, Ethnic decoration all around and joyrides on elephants and bull carts are provided for making the visit a memorable traditional experience for the guest.

Overnight stay at a hotel in Jaipur

### **Day 7 - Jaipur – Fatehpur Sikri – Agra (250 kms / 06 hrs)**

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, **drive to Agra, en route visiting Fatehpur Sikri** - an epic poem in red sandstone, built by Emperor Akbar the Great in 1569 and deserted 14 years later because its water supply failed. Its glorious courtyards and palaces conjure up dreams of the mysterious past. Buland Darwaza, the victory gate looms 134 feet high. There's the imperial Jami Masjid, the tomb of Shaik Salim Chisti who predicted the birth of Akbar's son Jehangir, the Panch Mahal, a strange building which resembles a Buddhist Temple, a cloistered courtyard which was the Hall of Public Audience, and the Pachchisi paved with black and white where the Emperor played chess using slave girls as figurines.

Upon arrival in Agra, check-in at the hotel

**Agra** - Famous as being home to one of the Seven Wonders of the World "The Taj Mahal". Built by the great Mughal emperor Shahjahan it is an eternal love story written on the shimmering marble for his wife Mumtaz. Agra is known for its superb inlay work on marble and soapstone by craftsmen who are descendant of those who worked under the Mughals.

Overnight stay at a hotel in Agra





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### **Day 8 – Agra – Mathura (60 Kms / 01 hr)**

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, check-out & proceed to **visit the magnificent Taj Mahal** during sunrise (Closed on Friday), the greatest love story ever told. On the death of his beloved wife Mumtaz Mahal, in wild extravagance, Shahjehan built her this memorial. 20,000 men laboured for over 17 years to build this wealth of white marble and precious stone.

Afterwards, drive to Mathura – Holi city of Lord Krishna where he was born. Upon arrival, check-in at the hotel

Afternoon, visit Lord Krishna birth place Temple and Dwarkadhish Temple

Overnight stay at a hotel in Mathura

### **Day 9 - Mathura – Varanasi (by train)**

Yoga practice / meditation at hotel lawn or at yoga center with local instructor.

After breakfast, visit Iskcon Temple, Banke Bihari Temple. Enjoy cycle rickshaw ride from Iskcon Temple to Banke Bihari Temple.

Rest of the day at leisure

In the evening, transfer to Mathura railway station to board your overnight train to Varanasi

Depart Mathura: 21:15hrs Train # Kota PNBE Express (13238)

Arrive Varanasi: 12:20hrs (next day)

Overnight on board in the train





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## Day 10 - Varanasi

Arrive to Varanasi at 12:20hrs.

Meet on arrival at Varanasi railway station & transfer to hotel

Rest of the day at leisure

**Varanasi's or Kashi's** - as it was earlier known antiquity, like its spirituality, is shrouded in immortal time. Puranic and other ancient literature date its existence to at least 3,000 years ago. Life in the Varanasi of today revolves around the ghats along the River Ganges where the bulk of the temples are located. From dawn to dusk a steady stream of devotees perform rituals. Every devout Hindu's ambition is to visit Varanasi once in a lifetime and to bathe in the sacred River Ganges. For several thousand years, pilgrims have cleansed themselves of their sins here and sought release from the cycle of rebirth – "Nirvana". The town itself is a maze of small streets and alleyways, hiding in disorderly array not less than a thousand temples and shrines. Hinduism, deep and mystical, is everywhere. In a decorated doorway, in a glimpse of a glittering temple, in the sound of a sacred bell, in the chant of the priests and the fragrance of flower offerings.

Yoga practice / meditation at hotel yoga room / lawn with local instructor.

Overnight stay at a hotel in Varanasi

## Day 11 - Varanasi

Early morning, **visit River Ganges and experience the boat** – ride on the Bathing Ghats of Ganga which is surrounded by Hindu temples. You will be surprised by the different activities that take place at this time of day – "Surya Namaskar" or offerings to the Sun god, daily bath rituals, laundry men washing clothes..... A total contrast to the night before!

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, **sightseeing of Varanasi**, visit the Golden Temple dedicated to lord Shiva, the Durga temple dedicated to goddess Durga. Interestingly the Durga Temple is also known as the Monkey Temple due to the large number of monkeys found in the Temple premises. Visit the Benaras Hindu University, Bharat Mata Temple and the carpet weaving centre.





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Afternoon, take an **excursion to Sarnath**, located at 10 Kms from Varanasi where Lord Buddha gave his first sermon to the five holy men; visit Dharmarajika Stupa The 110 ft tall Dhamekh Stupa marks the place where Buddha preached first sermon., also visit to Archaeological museum, the collection of ancient Buddhist relics and antiques comprising numerous Buddha and Bodhisattva images, also see the Ashok Pillar with 4 lions, built in 3rd Century BC., symbolize both Ashoka's imperial rule and the kingship of the Buddha.

In the evening, witness the Aarti ceremony on River Ganges banks. A time when the Pujari's or priests of various temples come together in common prayer- in which participation of the local inhabitants of Varanasi is encouraged. A truly spiritual time.

Overnight stay at a hotel in Varanasi

## **Day 12 – Varanasi - Delhi**

Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

After breakfast, transfer to Varanasi airport to connect your flight to Delhi.

Depart Varanasi: 12:40hrs Flight # Jet Airways (9W-2424)

Arrive Delhi: 14:15hrs

Meet on **arrival to Delhi** airport & proceed to visit Swaminarayan Akshardham Temple - epitomizes 10,000 years of Indian culture in all its breathtaking grandeur, beauty, wisdom and bliss. It brilliantly showcases the essence of India's ancient architecture, traditions and timeless spiritual messages. The Akshardham experience is an enlightening journey through India's glorious art, values and contributions for the progress, happiness and harmony of mankind.

The Swaminarayan Akshardham complex was built in only five years through the blessings of HDH Pramukh Swami Maharaj of the Bochasanwasi Shri Akshar Purushottam Swaminarayan Sanstha (BAPS) and the colossal devotional efforts of 11,000 artisans and thousands of BAPS volunteers. Heralded by the Guinness World Record as the World's Largest Comprehensive Hindu Temple, the complex was inaugurated on 6 November, 2005.

Afterwards, transfer to hotel for check-in

Overnight stay at a hotel in Delhi





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## Day 13 – International Flights back to Europe

Morning: Yoga practice / meditation at hotel yoga room / lawn or at yoga center with local instructor.

Free time at leisure until transfer time to Delhi airport.  
International flights.

***End of trip***





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## PRECIO

Consultar con Mil Mundos  
[patricia@milmundosviajes.com](mailto:patricia@milmundosviajes.com)  
Tlf.: +34 667 600 007

## INCLUYE

- Personal de MIL MUNDOS viajando con el grupo durante todo el itinerario
- Guía local de habla hispana durante todo el viaje
- Sesiones de yoga con instructores locales según programa
- Traslados aeropuertos - hoteles - aeropuertos
- Transporte en minibús privado
- Agua embotellada en el minibús durante todo el viaje
- Noches en ashram y hoteles en habitación doble en régimen de alojamiento y desayuno. Consultar suplemento de Habitación individual
- Ashram en Rishikesh en régimen de pensión completa (Bebidas no incluidas)
- Entradas a los monumentos y lugares a visitar mencionados en el itinerario
- Vuelo desde Dehradun a Jaipur, via Delhi
- Billeto de tren de Mathura a Varanasi (2ª Clase – AC, sujeto a disponibilidad)
- Ticket a Chokhi Dhani
- Elefante/Jeep para subir al Fuerte Amber
- Paseo en barca en Varanasi
- Maleteros llegada/salida en los hoteles
- Seguro de viaje médico y de cancelación

## NO INCLUYE

- Vuelos internacionales – Podemos tramitarlo si necesitas
- Tasas de aeropuerto
- Visado de entrada a la India
- Almuerzos y cenas no descritos en el programa
- Gastos, actividades o servicios no descritos en el programa





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## NOTAS IMPORTANTES

El itinerario terrestre, el orden de las visitas y su contenido podrían modificarse sobre el terreno en algunas jornadas, si las circunstancias así lo aconsejan o exijan o por causas de fuerza mayor.

## ALOJAMIENTOS

### ASHRAM IN RISHIKESH

Located in the State of Uttarakhand, in Northern India, between the sacred cities of Haridwar and Rishikesh and at the foothills of the Himalayan mountain range in the banks of the sacred River Ganges, in an interior rural area near the small village of Raiwala.

The food is completely vegetarian. It includes milk products and is not spicy.

Filtered drinking water is available.

Accommodation for 1 to 4 people can be organised either in rooms or apartments. The rooms are simple and clean, all with private bathroom and solar water heating system.

All rooms have mattresses, bed sheets, pillows and quilts for the wintertime.





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## **HOTEL EN JAIPUR**

A home hotel with convenient location and tastefully decorated rooms with all modern amenities and swimming pool. Offers luxuries of a hotel blended with warmth of a family- Included in each room: Big ventilated bathroom with shower, satellite cable LED, television and phone, room windows facing greenery, climate control air conditioner, yea/ Coffee maker

Facilities in the house:

Small library: novels, arts & crafts

Lounge areas on the patio and terrace

Dining Restaurant

High speed Wi-fi internet connectivity

24-hours doctor

Ironing board and Laundry service

Currency Exchange

Cooking demonstrations

Business center for printing or internet access

Recreational indoor games like, chess, and carom

DVD player and Indian movies with English subtitles are available on request





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## **HOTEL EN AGRA**

Our convenient location is just a few kilometres from the iconic Taj Mahal. Agra also offers a fascinating blend of Indian and colonial history and architecture. All Under one Roof, go for a refreshing swim in our rooftop pool, or work out in our well-equipped fitness centre. Enjoy delicious local and international favourites at our all-day dining and specialty restaurants. Stop by our lobby lounge for your favourite beer. Take care of business with High Speed Internet Access throughout the hotel, including in the business centre and our 591 square metres of welcoming event space.





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## **HOTEL IN MATHURA**

High Quality food in its restaurant, smiling staff and value for money services. It is a priority choice of all visitors & tour operators for their Mathura – Vrindavan itinerary. Situated 11 kms. away from Vrindavan. If you are planning to visit the city of Lord Krishna, Mathura, our international standard hotel can provide you a luxurious stay with excellent services.

We can provide you each and every comfort in its spotless and clean rooms. Our hotel is the first choice of the tourists coming to explore Mathura, Vrindavan, Goverdhan, Agra etc. as it provides decent accommodation with smiling staff and cost effective services.





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### **HOTEL IN VARANASI**

Historical site of an ancient Nepali king's palace built in 1818. Newly restored, this beautiful building houses our fine dining restaurant, full service bar, banquet halls, and swimming pool.

Surprisingly affordable hotel accommodations will delight and pamper you.





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## **HOTEL IN DELHI**

Located 4 kms away from Indira Gandhi International Airport and 5 kms away from domestic airport. Also, the hotel is just a km away from Aerocity Metro Station which gives you an easy access to the city, the hotel offers a smart line up of services and facilities. Hit the fully equipped Fitness Center and treat your body to an action packed workout. We also have a 24x7 Cyber Kiosk with high speed WiFi.

